

Ways to run KickStart Breakfast

TRADITIONAL BREAKFAST

CLASSROOM GRAZE

GRAB & GO

How it works

Students sit down to share kai in a central location. Volunteers may help serve and facilitate.

Classrooms are set up for Weet-Bix™ and milk on demand. Teachers help oversee and monitor.

Products are easily accessed in a central location for students to help themselves.

Possible locations

- ✓ School hall
- ✓ Classroom
- ✓ Food technology room
- ✓ Staff room

- ✓ Classroom
- ✓ Syndicate homeroom

- ✓ Office
- ✓ Guidance Councillors room
- ✓ Food technology room

Serving Time

Anytime* that suits your school

- ✓ Before school
- ✓ Interval and/or lunchtime

- ✓ Before school
- ✓ During learning or brain break time
- ✓ Interval and/or lunchtime

- ✓ Before school
- ✓ During or between classes
- ✓ Interval and/or lunchtime

Benefits

- ✓ Great for all school levels
- ✓ Socialising
- ✓ Positive role models
- ✓ One central location
- ✓ Increased community engagement
- ✓ Leadership opportunities

- ✓ Multiple locations
- ✓ Great for intermediate and secondary schools
- ✓ Interval and/or lunchtime

- ✓ Increased accessibility
- ✓ Reduced stigma risk
- ✓ Great for intermediate and secondary schools
- ✓ Minimal supervision required

**KickStart Breakfast products can only be offered before school and during school hours.*

Remember, there is no right or wrong way to run your KickStart Breakfast club. You may run it in multiple ways at multiple times within your school. Get in touch with the team if you would like to receive additional products to meet the demand from students.

