



# MORE THAN JUST BREAKFAST

## Why have a KickStart Breakfast Club at your school?

Schools report a variety of benefits to students participating in KickStart Breakfast:



Improvement in class concentration levels



Improvement in general health & well being



Improvement in student behaviour



Leadership opportunities



Building positive relationships with peers and teachers

Our KickStart Breakfast clubs provide a place for our tamariki and rangatahi to socialise and express themselves.

They enable an opportunity to **bring the wider community together**, connecting whānau, staff and volunteers to help support and run the breakfast club.



Head to our website  
[www.kickstartbreakfast.co.nz](http://www.kickstartbreakfast.co.nz)  
to find out more about our programme

Contact us at [kickstart.breakfast@fonterra.com](mailto:kickstart.breakfast@fonterra.com)  
or on 0800 900 070 (option 1).